



# BEREAVED FAMILIES OF ONTARIO DURHAM REGION NEWSLETTER

“BEREAVED, HELPING THE BEREAVED LEARN TO LIVE WITH GRIEF”

**ISSUE #3 - SEPT 2024**

## LIFETIME ACHIEVEMENT AWARD

We are very excited to announce that BFO Durham long-serving member & current Board Chair, Gary Goswell has received a Lifetime Achievement Award from the City of Pickering.

The 2023 Civic Awards ceremony was held on May 13th, 2024 at the Chestnut Hill Recreation Complex in Pickering.

Gary attended the ceremony with his wife, Caroline & sons Kevin & Aidan along with Jane Carter, our Executive Director & Board members, Sharon Sears, Chris Garvey, Bev Campbell & Kirsty Sinclair.

The award recipients were led into the hall with a bagpipe serenade & then the award presentations began. The award was presented to Gary by Pickering mayor, Kevin Ashe & councillor, Lisa Robinson. Gary received this award in honour of his many years of service to the community as a volunteer with BFO Durham.

A small reception for recipients & guests was held following the awards presentation.

We are so proud to have Gary recognized for his volunteer work & dedication to BFO Durham over the years.



## Calendar

SEPT 2024

**MON 2ND - LABOUR DAY - OFFICE CLOSED**

**Suicide Loss** Drop-in - Thursday 5th - 7-9p.m.  
**BFO-D GOLF TOURNAMENT: Sun 8th**

**Addiction Loss** Drop-in - Monday 9th - 7-9p.m.  
**Evening Drop-In** - Wednesday 11th - 7-9 p.m.

**Afternoon Drop In** - Monday 16th - 1-3p.m.  
**Family Support Night - No Surviving Children** -  
Wednesday 18th, 7-9 p.m.

**Euchre Night** - Saturday 21st 7.30pm  
**Evening Drop-In** - Wednesday 25th 7-9p.m.

**Reconnect** Drop-In - Monday 30th - 7-9 p.m.

OCT 2024

**Suicide Loss** Drop-In Wednesday 2nd, 7-9 p.m.

**Addiction Loss** Drop-In Mon 7th, 7-9 p.m.  
**Evening Drop-In** - Wednesday 9th - 7-9 p.m.

**Mon 14th- THANKSGIVING OFFICE CLOSED**

**BFO FALL DANCE** - Saturday 19th 7.30pm-1am

**Afternoon Drop In** Monday 21st, 1-3 p.m.  
**Evening Drop-In** Thurs 24th, 7-9 p.m.

**Reconnect** Drop-In Monday 28th, 7-9 p.m.

NOV 2024

**Family Support Night - TBD** - Mon 4th 7-9p.m.  
**Suicide Loss** Drop-In Thursday 7th, 7-9 p.m.

**Addiction Loss** Drop-In Mon 11th, 7-9 p.m.  
**Evening Drop-In** Thursday 14th, 7-9 p.m.

**Afternoon Drop In** Monday 18th, 1-3 p.m.  
**Angels' Tree of Light Ceremony:**  
Thursday 21st, 7.30 p.m.

**Reconnect** Drop-In Monday 25th, 7-9 p.m.

DEC 2024

**Suicide Loss** Drop-In Thursday 5th, 7-9 p.m.  
**Santa Brunch - Sun 8th, 10a.m.-12:30p.m**

**Evening Drop-In** Thursday 12th, 7-9 p.m.

**Afternoon Drop In** Monday 16th, 1-3 p.m.  
**Getting Through the Holidays Drop-In**  
Thursday 19th 7-9 p.m.

**OFFICE CLOSED From Fri 20th 2024  
until Jan 6th, 2025**

JANUARY 2025

**Suicide Loss** Drop-In Thursday 9th, 7-9 p.m.

**Afternoon Drop In** Monday 13th, 1-3 p.m.  
**Evening Drop-In** Wednesday 22nd, 7-9 p.m.

**Reconnect** Drop-In Monday 27th, 7-9 p.m.

# Golf Tournament!

**Bereaved Families of Ontario, Durham Region is hosting our second annual golf tournament. Come join us on Sept.8/24 at Harmony Creek Golf Centre (1000 Bloor St E, Oshawa, ON L1H 8S1) – **NEW venue****



Sunday, September 8<sup>th</sup>, 2024  
Shotgun start at 12:30PM

**ALL TEAM PLACES ARE FULL**

Members, friends & family are welcome to join us to watch the games or to join us for the Raffle or BBQ (bbq = \$20 per person)

**Please contact the office in advance should you wish to join in with the BBQ**

**Prizes for longest drive and closest to the pin (men & women)**

**Putting contest · 50/50 Draw · Raffle Prizes · Silent Auction**

*All proceeds will go towards Bereaved Families of Ontario, Durham Region. Please call the office to book soon as space is limited and we sold out quickly last year. We hope to see you there!*



**7:30 Saturday September 21<sup>st</sup>, 2024**

BFO Office

948 Simcoe Street

Oshawa, Ont

\$20.00 per person entry

CASH prizes for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and low score

Snacks & refreshments provided

Join us for a fun night of competitive fellowship!!

Seats limited- reserve your seat now.

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**Fundraising  
Night :- Fall Dance**



Saturday, **October 19th**, 2024 - 7:30 PM - 1:00 AM  
**BFO Fall Dance** @ Club Caribe, Oshawa - Tickets are \$30

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**Fundraising  
Angels' Tree**



**Thursday Nov 21st** starting 7.30pm @ Monsignor Paul  
Dwyer Catholic High School,  
700 Stevenson Rd N, Oshawa, ON L1J 5P5

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**Save the Date**



**Office will be closed from Friday Dec 20th 2024 until  
Monday January 6th 2025**

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## FROM THE DESK OF YOUR EXECUTIVE DIRECTOR

Dear Friends:

I hope this newsletter finds you all well and that you have enjoyed this beautiful summer. On behalf of the Board of Directors at Bereaved Families of Ontario – Durham region we would like to congratulate our Chair of the Board, Gary Goswell for receiving the Lifetime Achievement Award this past spring from the City of Pickering. Anyone who knows Gary, knows that he is most deserving of this distinguished award. Thank you Gary for all you do!

Once again, we have a busy fall here at BFO-Durham. We have two mom's groups and two dad's group. The Children's group has a few spaces left for our fall session. We are also introducing for the first time, a "Long Term Grief" group which is outlined in this newsletter. This group will start in October. Please call the office at 905-579-4293 if you would like to register.

Our "Family Support Nights" will continue this fall with the first one being Wednesday September 18th from 7-9. The topic will be "No Surviving Children".


Please mark your calendars for our Fall dance which is Saturday October 19th at 7:30. Tickets are available from the office. Our annual Golf Tournament is full but members who would like to attend the dinner are most welcome for a small cost. Our Angels' Tree of Lights will be Thursday, November 21st at the same location as last year. Our Santa Brunch is on Sunday, December 8th. All these events are found within the newsletter.

In closing I would like to thank our Board of Directors for their hard work in making BFO-D run so smoothly. We are also very fortunate to have such a dedicated group of volunteers to support our programs and our fundraising efforts.

Stay well and stay safe.  
Yours sincerely

Jane Carter

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*Bereaved Families of Ontario Durham  
invites you to...*

# BRUNCH WITH SANTA

Sunday December 8th

10:00am – 12:30pm

\$10/Adult. \$5/Child

The Oshawa Navy Club  
320 Viola Ave., Oshawa

Pancake Brunch, Games & Activities, special  
entertainment, visit with Santa & a "goody bag" for  
each child.

Please RSVP to 905-579-4293 with Santa (hosted by  
BFO Durham) or send an email to  
[hfordurham@bellnet.ca](mailto:hfordurham@bellnet.ca)

## “THE WILLINGNESS TO VOLUNTEER IS A SELFLESS ACT”

THE FOLLOWING VOLUNTEERS CONTINUE TO SUPPORT BFO DURHAM ON A DAILY BASIS

### **ONE-ON-ONE AND GROUP SUPPORT FACILITATORS -**

Jane Carter, Charlotte Brisco, Sharon Sears, Denise Love, Angela White, Denise Robinson, Yvette Byrne-Menard, Donna Dickson, Chris Garvey, Rebecca Alley-Wilson, Tammy Horton, Gary Goswell, Caroline Goswell, Wayne Wanamaker, Brad Brown, Sherry Lancaster, Sherry Mitchell, Joe Tilley, Penny-Claire Tilley, Andrea Onley, Jonathan Onley, Greg Wright, Karen Beckett, Kelly Fitzpatrick, Rocco Granato, Kathie Hill, Kirsty Sinclair, Linda Haines, Debby Kelly, Wendy Topham, Linda Watson, Megan Muir, Ken New, Karin New, Karen Fish, Vanessa Longhurst, Marjorie Whitehouse, Bev Campbell, Adele, Eric & Elizabeth Davidson, Tanya Fowler-MacLeod, Aimee Pepper, Jenn Carter, Cora Silininkas, Neil Anderson, Randy Boissoin, Brian Evans, Regan Kelly, Cathy Kelly, Mike Kelly, Cindy Serensits, Irene Fife, Chantelle Gaudette, Lindsay Barakett, Doug Hardy, Kelly Edmonds, Dianna Harrison, Beth Jenish, Lexi Marges, Deborah Nanton, Charlene Betty and Andrew VanDorsselaer.

**LIBRARIAN -** Denise Love

**OFFICE VOLUNTEERS -** Denise Love, Marlene Charewicz, Bev Campbell, Vanessa Longhurst, Karen Fish & Beth Conte

**ANNIVERSARY LETTERS -** Office Volunteers

**WEB SITE -** Ronda Evans, Adele Davidson

**NEWSLETTER -** Adele Davidson

**MOTHERS' RETREAT -** Susan Hendricks and Joyce MacIntyre

**BFO DURHAM BOARD OF DIRECTORS -** Gary Goswell, Wayne Wanamaker, Sharon Sears, Chris Garvey, Kirsty Sinclair & Bev Campbell

## A Note from your editor

Hi everyone,

I hope you all had a safe and pleasant summer.

My husband and I feel very honored and proud to know Gary Goswell and send him many congratulations on his prestigious Lifetime Achievement award (presented by the City of Pickering)

We have our ever popular “Fall Dance” happening in October (please see flyer for more info).

Within this newsletter and on our website, you will find the order form/info for this year's Angels' Tree Ceremony.

To ensure the name of your Angel is listed in the Programme, your order and donation must be received at our office by the end of office hours on Wed. November 6th, 2024

We would love to include articles, photos, verses or news from our members in our newsletters, and you can submit them any time to the office or directly to myself [glasscup\\_19@hotmail.com](mailto:glasscup_19@hotmail.com)

I hope you all have a safe and happy fall, and that the Winter festivities may bring you a little joy and some fond memories.

((Hugs))

*Adele*



### **BEFORE SETTING OUT TO COME TO A MEETING/GROUP.....**

Whilst we're not into winter yet, may we suggest that our members get in the habit of checking our Facebook page and/or phone the office (before 3.45pm), to double-check that their event/meeting is actually taking place, especially once we have inclement weather as there can be cancellations due to weather or something else that might crop up. **Thank you**

# CONDOLENCES

**BFO-DURHAM WOULD LIKE TO SEND THEIR DEEPEST CONDOLENCES TO:**

**Janice Hicks in the loss of her dad, Bert McCuaig.**

**The Family of Janice Ritchie who was a member here at BFO-D.**

**The Family of Brian Perks who was a member here at BFO-D.**

**BFO-DURHAM WOULD LIKE TO SEND THEIR SPECIAL CONDOLENCES TO:**

***Barbara Ann on her wedding (April 27th) to Wayne (Wanamaker)***

(lol - you know we're only kidding and wish you many years of love and happiness)

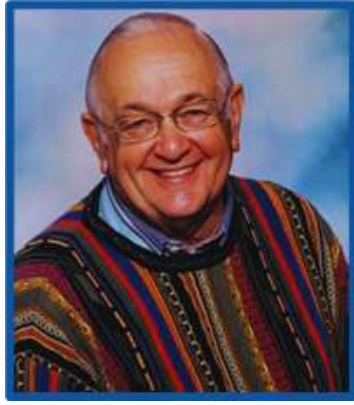


**“As bereaved parents, we don’t carry a briefcase, we carry a Griefcase.  
BFO Durham is a safe place to open that case & unpack it”**

*Chris Garvey*

# BRIAN PERKS. MAY 24, 1934 – TUESDAY MAY 14TH, 2024

WRITTEN BY SUSAN HENDRICKS



## SUSAN HENDRICKS SHARES SOME MEMORIES:

I first met Brian in 1993 at a meeting organized by those of us who had attended a support group in Toronto. We wanted to gauge the level of interest in Durham Region for an affiliate of Bereaved Families of Ontario. Everyone there, except for the BFO Toronto professional advisor, was fairly new to the experience of child loss but we knew from our experience in Toronto that sharing the myriad of feelings unique to child loss with other bereaved parents was one of the most healing things we had been able to do and we wanted to share that with others. (Brian would tell me that is a run-on sentence, but never mind!).

I will never forget Brian: he sat in the back row and listened to what was said but in the question period that followed, he stood up in his wonderfully imposing way and briefly told the story of his daughter Brenda's death on Christmas Eve several years before. Then, irascible chap that he was, came: "How will talking about it or listening to other people's stories take away my pain of loss? She's gone!" he thundered. No one else had questioned the usefulness of the project and we struggled for words to convince him that it might help. I honestly thought we would never see him again. But by attending that meeting, his name was now on our mailing list! Gotcha, Brian! We didn't hear from him for some time. He never joined a support group – BFO's programme focus – but his call came when we started to publish a very amateur newsletter. Brian had founded a very successful publishing company in the early 1960's, Perks Publications. Brian knew his strengths and how to make best use of them in Brenda's memory. Ever the professional, he wanted to volunteer by offering Perks Publications and his services as its Editor.

He was relentless with his pen, removing unnecessary words, re-arranging and shortening paragraphs to maintain the reader's interest. I learned so much from him that influences my professional writing to this day.

Having established Perks Publications as our official printer, there was never a thought to ask anyone else to print the Angels' Tree of Lights programmes and posters. From our first tree in 1995, his daughter Cindi assisted us in creating the program and Perks Publications provided enough copies for each person attending to take one home as a souvenir. That original programme format is still in use today. BFO Durham recognized them in 1996 with our Volunteer of the Year Award. They deserve so much more than that official nod.

Brian and his daughter Cindi's generosity still bring hope to so many: many of us keep those programmes in our 'memento boxes', looking at them from time to time and in so doing, realize that though our families experienced traumatic losses, together we have been slowly creating a new family of hope and healing.

CONTINUED ON NEXT PAGE

Brian also purchased years' worth of mother and child statues for the award created to honour my work with BFO. Without words, that simple act spoke to the depth of our caring and appreciation of each other.

Who can say what makes people friends? We shared a similar loss; our daughters having died on significant Christian holidays. We didn't see each other outside of BFO activities but a heart connection was established between us right from the start. We never shared emotions or feelings or what the friendship meant to us: it just was. We worked together to help others.

I remember a few lines from a poem that I read when a teenager: :

You, like Eros over Piccadilly,

Were always there.

I cannot find the words to leave you with.

God speed, dear friend.

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### **DONATIONS IN LOVING MEMORY**

**VIOLET DAVIDSON** - From: Adele Davidson's Facebook Birthday Fundraiser  
and **ALSO** From: Adele Davidson for Violet's 27th Birthday

**DON AND BRYAN GAINER** - From: Eva Gainer

**ERIN REED** - From: Jim and Arlene Reed

**DAVID WANAMAKER** - From: Heidi Kudlak

**CHRISTIAN GRAY** - From: Catherine Gray and Geoff Mayes

**MATT BRADBURN** - From: Linda Bradburn

**KRISTINA HENDRICKS** - From: Vince and Susan Hendricks

**JUSTIN YELLE** - From: Jean and Susan Yelle

**RYAN AND JORDAN HABER** - From: Gloria Isenburg

**MARGARET SPRIGGS** - From: Gail Young

**JACOB CHIDLEY** - From: Sandra Kowalchuk

### **SPECIAL DONATIONS**

**A DONATION WAS MADE IN CELEBRATION OF LARRY AND MAUREEN'S  
50TH ANNIVERSARY BY VINCE AND SUSAN HENDRICKS**

### **CORPORATE DONATIONS**

**DURHAM REGIONAL POLICE ASSOCIATION INC. - CHARITY COMMITTEE**

**ARBOR MEMORIAL INC. - RANDY LING MOUNT LAWN FUNERAL HOME**

**REKKER'S GARDEN CENTRE**

**VANFEST 27**



## MONKEY BUSINESS - ONGOING FUNDRAISER



### Dear Friends of BFO-Durham - This is the Story behind the Monkey Business Workshop

This endeavor is in memory of my son, Shane Reymes, who sadly passed away in April of 2022 at the young age of 46.

My son Shane was given a sock monkey for his first birthday by his Aunt. That monkey went everywhere with him throughout his life. Here is a picture of Shane as a small boy with his Aunt and his brand-new monkey.

As the years went by and after it being dragged around everywhere, it started to wear and fray so I had to re-cover it. With the assurance from me that his real monkey was underneath the new repair sock, he enjoyed years and years of continued friendship with his monkey. Even as an adult his monkey could always be found somewhere, such as on a dresser or shelf or sometimes even on his bed.

So, this past Christmas I decided that I would start making monkeys in memory and in honour of Shane's beautiful life with ALL monies raised going to charity in his name. The specific charity for this part of the project will go to BFO-Durham.

I found BFO-D after my son passed away and participated in the Mother's group. The people at BFO-D are such wonderful people and the cause is so needed at a time when the suffering of profound grief is so unbearable. This is a small way that I can give back to those who helped me so much in those early days and who continue to do so today.

I have made a collection of 52 monkey styles that are available for sale. Each one is "one of a kind" however if what you choose has already been purchased, I will re-make any one of them to resemble, as closely as possible, to your choice including the fabrics and accessories. Special requests are available within reason. You can request the PDF catalogue by emailing or calling me directly.

So, may I encourage you to think about participating in this project by buying one or more monkeys? They are recommended for age 4+ and that includes adults! These monkeys would be perfect to give as gifts or to sit on your bookshelf, in your office or in another special place.

### Here is a little information about each monkey:

- the monkeys and outfits are hand made in Canada by me (Marlene, Shane's Mom) and made with much love.
- each monkey is approximately 18" – 22" in height depending on the design.
- each monkey has inserted into it, one rose quartz crystal to represent the monkey's heart. The rose quartz crystal is typically known as a healing crystal and is the stone of universal love. These rose quartz crystals come from a big collection of gemstones and crystals that belonged to Shane.
- to make ordering easier, each monkey has been named by immediate family and all have a special meaning to us. However, please feel free to re-name your monkey to whatever you would like once you receive it.
- all appendages are double, or triple sewn for secure attachment.
- the eyes are triple sewn and glued for secure attachment.
- each monkey is hand washable - lay flat to dry, as indicated on the sewn-on label.
- all proceeds from the sale of the monkeys will go to BFO-D. I am contributing the cost of all the material and my time to the cause.

Thank you for your generous support of this project. If you request a catalogue, please feel free to pass it on to anyone whom you think would like a very special monkey for a very special cause!

*With many thanks,*

Marlene St.John and all of Shane's family

**EMAIL:** [MONKEYBUSINESSWORKSHOP2022@GMAIL.COM](mailto:MONKEYBUSINESSWORKSHOP2022@GMAIL.COM)

**PHONE:** 416-529-2565

# Family Support Nights

The next Family Support Night will be held on Wednesday, Sept 18th from 7.00 to 9.00 p.m. at the office.

This evening's presentation will be, "No Surviving Children". There will be a short presentation by our Facilitators who are in this situation, followed by open discussion. Light refreshments will be served. This event is open to our members & any friends or family they wish to bring along.

The next Family Support Night is scheduled for Monday, Nov 4th from 7.00 to 9.00 p.m. at the office. Please check the BFO Facebook pages for updates on this & other Family Support Night presentations.

We are planning presentations on Loss of Grandchildren & Drum Therapy for Grief. If you have any suggestions for future Family Support Nights, please contact Jane Carter at the office

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## New support group for long term grief

It was suggested by several members that BFO Durham offer a closed support group for long term grief.

Our grief for the loss of our child does not have a time limit however many things can change as the years go by. Do we still get the support from family and friends? Do people still remember? Are there problems at work? How have we changed as the years passed? What new traditions or memorials have we created to honour of our child? These are just some of the possible topics that could be discussed and shared in a long-term grief support group.

BFO Durham will be offering a **6-week closed group** to provide support and address the issues surrounding long term grief.

The first group will begin this coming September. It will be a mixed group of moms and dads who are **5yrs or more** beyond their loss **and have previously attended an initial support group**.

If this first group is successful, and there is a demand from members, then this support will continue to be offered as needed. We will also learn from this group, and make any changes needed to improve it if necessary

If you would like to join this long-term grief group, please contact the office to register.

BFO DURHAM REGION	905-579-4293
<a href="http://www.bfodurham.net">www.bfodurham.net</a>	948 Simcoe St North, Oshawa, L1G 4W2

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**BEREAVED FAMILIES OF ONTARIO-DURHAM REGION**  
**948 Simcoe Street North, Oshawa, ON L1G 4W2**

**THURSDAY, NOVEMBER 21st, 2024 @ 7.30pm**

*The Angels' Tree of Light Memorial Service*

The holiday season can be a difficult time for families who have lost a loved one. Once again we will decorate the tree with Angels and clear lights, in our loved ones' memory. Your loved one's name will be written on an Angel and will also be displayed on a plaque beside the tree.

The venue is the same as last year- **Monsignor Paul Dwyer Catholic High School, 700 Stevenson Rd N, Oshawa, ON L1J 5P5**

Please complete this form and drop it off or email to our office.

**To ensure the name of your Angel is listed in the Programme, your order and donation must be received at our office by the end of office hours on Wednesday November 6<sup>th</sup>, 2024**

Angels may be taken with you after the service. Angels not taken will be available at the BFO-Durham Region office for pickup from **Monday, November 25<sup>th</sup>**.

Phone: 905-579-4293 Toll Free: 1-800-387-4870 Fax: 905-579-7403

Email: [bfodurham@bellnet.ca](mailto:bfodurham@bellnet.ca) Website: [www.bfodurham.net](http://www.bfodurham.net)

**NAME OF LOVED ONE:** .....

*Please print name as you wish it to appear on the angel and plaque*

If you wish to purchase additional angel(s), please list below:

.....  
 .....

**MY NAME IS:** .....

Address: .....

Town/City: ..... Prov: ..... Postal Code: .....

Phone: ..... Email: .....

**MY DONATION IS:** \$ 25.00 .....  
 \$ 50.00 .....  
 \$ 75.00 .....  
 \$100.00 .....  
 Other \$ ..... .....

**PAYABLE BY:** .....Cheque to BFO-Durham Region  
 ..... VISA  
 ..... Mastercard  
 ..... Interac (at office only)  
 E-Transfer (to [bfodurham@bellnet.ca](mailto:bfodurham@bellnet.ca))

Credit Card #: .....

(Minimum Credit Card Donation is \$25.00)

Expiry Date: Year \_\_\_\_\_ Month \_\_\_\_\_

# Wonderful T-SHIRT FUNDRAISER



## We have a great continuous fundraiser at BFO -Durham

These t-shirts will be made upon ordering. **All sizes are available** in Black or White

The writing can be in the BLUE or in PINK for Son or Daughter.

To order please call Jane at the office. Payment of \$25 per shirt is required when ordering. Please be aware that it will take a couple weeks to make the orders as we send in multiple at a time

Someone will call when orders are in office for pick up



Thank you for your continued support

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In loving memory of their daughter Violet (Babe) Davidson,  
the Davidson family are pleased to announce  
that the Fundraising Bracelets for  
BFO Durham Region  
are available at the office.

There are 4 colours to choose from at a price of just \$3 each



# **Save the Date!**

*Bereaved Families of Ontario, Durham Region Invites you to our...*

## **Fall Dance**



With Live Entertainment from 8:00 PM to 12:30 AM:



**Saturday, October 19<sup>th</sup>, 2024**

7:30 PM – 1:00 AM

Club Caribe, Oshawa

Tickets are \$30

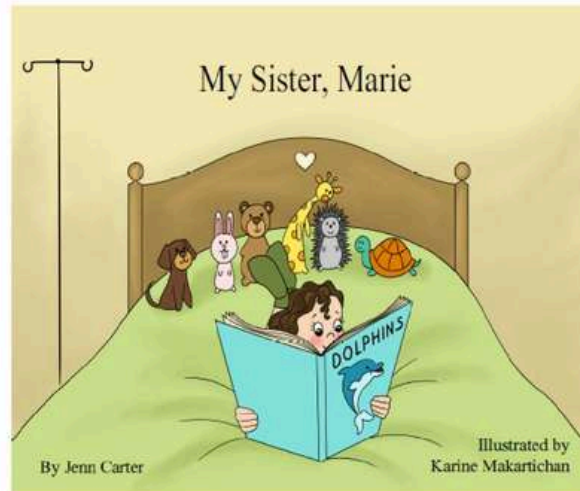
***Get your tickets early as we will have limited seating this year.***

**Raffle Table · Door Prizes · Games · Light Snacks · Silent Auction**

*All proceeds will go towards Bereaved Families of Ontario, Durham Region. We hope to see you there!*

# “My Sister, Marie”

## A children’s book on sibling loss



Jenn Carter, a volunteer and sibling loss facilitator at Bereaved Families of Ontario – Durham Region, has written a children’s book on the experience of losing a sibling. Jenn attended and greatly benefited from the sibling loss support group at BFO Durham when she was a preteen, after the loss of her older sister Julie.

This book touches on the lived experience of losing a sibling at a young age, and the emotions, events and feelings that come along with this difficult time as a family.

“My Sister, Marie” is available for pick-up at the BFO Durham office, for a minimum donation of \$20 (can be paid by cash or via e-transfer to [bfodurham@bellnet.ca](mailto:bfodurham@bellnet.ca)).



In loving memory of Julie Marie Carter –  
the funniest, bravest person you could ever meet.

# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## SEPT

Kelli Mitchell	September 1, 1996	Sean McAvoy	September 16, 2005
Jesse Lennox	September 1, 2014	James Jackson	September 16, 2016
Donna Wry	September 1, 2021	Cole Davidson	September 16, 2021
Adrienne Ferguson-Keller	September 2, 1992	Kelly G. Lomax	September 17, 1992
Amanda Ruby Mayock	September 2, 2005	Jake Vanzeyl	September 18, 1998
Jamie Lee Wiznuk	September 2, 2009	Ryan William Sutherland	September 18, 2009
Ronald Pogue	September 2, 2012	Kelly Green	September 18, 2020
Randi Walker	September 2, 2018	Michael Crover	September 19, 1998
Jayla DeSouza	September 3, 2009	Kelly Darby	September 19, 1999
Alliyah Beckles	September 3, 2010	Terah Elaine Dawkins	September 19, 2010
Michael Christopher Noseworthy	September 4, 2003	David James Muir	September 19, 2015
Cooper Martyn Streeter	September 4, 2019	Paul Turansky	September 19, 2005
Steven Cuddy	September 5, 2016	Andreas Bollmann	September 19, 2011
Mark Forgette	September 5, 2006	Alicia Mariah Kaas	September 19, 2019
Connor Scully	September 5, 2022	Jake Gericke	September 20, 2011
Charlotte Mazzotta	September 6, 2012	Darren O'Neil	September 20, 2011
Ian Cassidy	September 6, 2022	Curtis Bjerring	September 21, 2013
Naz Prescod-Beckles	September 6, 2023	Tyler Hanson	September 21, 2015
Omar Ryan Sadler	September 7, 1996	Julie Carter	September 22, 2000
David Logan	September 7, 2010	Brian English	September 22, 2002
Kyleigh Noland	September 8, 2012	Charlotte Barter	September 22, 2021
Sarah Onley	September 8, 2015	Jacquelyn Mason	September 23, 2011
Stephanie Connor	September 8, 2021	Kerri-Lyn Adams	September 24, 2011
Ashley DeJong	September 9, 2002	Chris Taylor	September 24, 2018
Natasha Foote	September 9, 2008	Cynthia Vincent	September 24, 2018
Hope Skarlatakis	September 9, 2010	Donovan Betty Jr.	September 24, 2019
Leo Atkinson	September 10, 2003	Caleb Wynn	September 24, 2020
Todd Skinner	September 10, 2013	David Wanamaker	September 25, 2012
Kyle Daniels	September 10, 2015	Eric Roter	September 25, 2023
Darrion Moffatt	September 10, 2018	Mike Maher	September 26, 2009
Cody James	September 10, 2018	Matthew Hewson	September 26, 2021
Brody James Prebble-Cooper	September 11, 2006	Rylee David O'Brien	September 27, 2011
Evan Sinclair	September 12, 2020	Levi Allen	September 28, 2009
Laura Catherine Pellegrino	September 13, 1990	Lauren Allen	September 28, 2009
Karen Lato	September 13, 1992	Ashley Hamilton	September 28, 2012
Sabina Silininkas-Rowell	September 13, 2017	Vikki Krishko	September 28, 2019
Bryan Douglas Gordon	September 14, 2007	Cassandra Kumarsingh	September 29, 2006
Sara Snow	September 15, 2014	Noah John Anderson	September 29, 2008
Timothy Lee	September 15, 2018	Andrea Nott	September 30, 2002

When we lose  
someone we love  
we must learn not  
to live without  
them, but to live  
with the love they  
left behind.



# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## OCTOBER

John Daniel Harvey	October 1, 1998	Dove Lancaster	October 16, 2002
Matthew Gregory Hickey	October 2, 1996	Curtis MacKinnon	October 16, 2009
Victoria Krol	October 2, 2014	Nicole Wannamaker	October 16, 2009
Caitlin Taylor	October 2, 2016	Shane Rodgers	October 16, 2014
James Kingsley	October 3, 2015	Ryan Brown	October 16, 2022
Amy Huart	October 3, 2017	Nicholas Duff	October 16, 2023
Happy Bawa	October 3, 2019	Rebecca Rodriguez	October 17, 2013
Hope Bawa	October 3, 2019	Gary Bambrough	October 18, 2008
Christopher Gillmore	October 5, 2014	David Cecil McNeil	October 20, 2013
Rachel Lakodaris	October 5, 2018	Justin Lidstone	October 22, 2017
Tyler Bennett	October 5, 2020	Brock Cody Kelly	October 23, 2014
Maariyah Rahim	October 5, 2022	Adam Strecke	October 24, 2016
Philip Brown	October 6, 2002	Nicholas Storms	October 25, 2004
Shannon Palin	October 6, 2018	Sarah Zwolinski	October 25, 2007
Henry Vandergaast	October 7, 2012	Derek Lyall	October 26, 1996
Journey Halupa	October 7, 2014	Calvin Burton	October 26, 2006
Ryleigh Kizigenza	October 7, 2018	Pat Gostlin	October 26, 2008
Brent Heasman	October 8, 1996	Ben Macnab	October 27, 2019
Heather Joan Butcher	October 8, 2002	Bryan Frank	October 28, 2000
Amos Williams	October 8, 2006	Christopher Shannon	October 28, 2008
Cynthia Lousie Amos	October 8, 2014	Brittany Locke	October 28, 2018
Rita Stone	October 8, 2014	Logan Jeffrey Barkwell	October 29, 2001
Spencer Tillapaugh	October 8, 2014	Karla Walton	October 29, 2012
Maggie Claire McGregor	October 2, 2015	Journey Stickney	October 29, 2013
Joseph Glode	October 9, 1994	Nicholas King	October 29, 2013
Lauren Carr	October 9, 2011	Amber Young	October 29, 2008
Lori Webb	October 9, 2013	Isa Nilsson-Byberg	October 30, 2010
Colleen Jenish	October 9, 2018	Nicholas (Nick) King	October 30, 2012
Michael Ferdinand	October 9, 2023	Tara Ross	October 30, 2012
Gibson Maidansky	October 11, 2010	Zak Storm	October 30, 2015
Joseph Trail	October 13, 2006	Lee Mitchell Service	October 31, 1999
Maria MacStravick	October 14, 2012	Patrick M. Beauregard	October 31, 2003
Tammy Cicerella	October 14, 2021	Megan Grace Burchowycz	October 31, 2002
Leonard Arp	October 15, 2009	Cameron Hicks	October 31, 2014
Lara Vandelangeryt	October 15, 2013	Kalli Stevens	October 31, 2017
Beverley Ewell	October 15, 2017	Solange Browne	October 31, 2021





# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN **NOVEMBER**

Rori Hashe	November , 2017	Theresa Michelle North	November 16, 1995
Scot J. Mailer	November 1, 1986	Tyron Bracken	November 17, 2010
Messiah Jackson-MacDonald	November 1, 2009	Charlotte Hannon	November 17, 2002
Hayden Carson	November 1, 2021	Jailene Bonnick	November 18, 2005
Liam Alexander Jan Meerdink	November 2, 2008	Jackson Nimec	November 18, 2016
Everett McCallum	November 2, 2023	Erin Gladwell	November 19, 2000
David Michael McCluskey	November 3, 1995	Pauline Larocque	November 19, 2010
Megan Lynn Craig	November 4, 1996	Brandon Dey	November 20, 2021
Grace Johnson	November 4, 1996	Kyle Sinclair	November 21, 2014
Kali Johnson	November 4, 1996	Glen Allan Rowe	November 21, 1991
Campbell Smith	November 4, 2015	Austin Hill	November 22, 2015
Jeffrey Cylkowski	November 4, 2020	Cody Ladd	November 22, 2015
Amir Ghane	November 5, 2003	Andrew MacMain Jr.	November 22, 2019
Brook Lynn Rankin	November 5, 2011	Kimberly Ann Langlois	November 22, 2022
Connor Martina	November 5, 2022	Michael James Dunne	November 24, 1993
Christine Lee Ouderkirk	November 7, 1998	Joel Fletcher	November 24, 2011
Abigail Watts	November 7, 2005	Robert Jones	November 24, 2012
John Camilleri	November 7, 2012	Ricky Otter	November 24, 2003
Kenton Carnegie	November 8, 2005	Kylie Mawby	November 24, 2012
Racquel Granato	November 8, 2014	Pierce LoveGordon	November 25, 2006
Stacey Rinaldi	November 8, 2017	Jim Robbins	November 25, 2001
Tiffani Arcscott	November 9, 2015	Nicholas Suvaltas	November 26, 2019
Neil Brown	November 9, 2016	Lorna Capucho	November 26, 2023
Anthony Karson Grant	November 10, 1998	Andrew Bond	November 27, 2006
Justin Russell	November 10, 2016	Brandon Michael Argante	November 27, 2013
Nathan Michael Fohshow	November 11, 2004	Kyle Christopher Fair	November 28, 1993
Simon Maddocks	November 11, 2009	David Preston	November 28, 2004
Freddie Bernales	November 11, 2016	Marley Grace Silcox	November 28, 2008
Connie Nock	November 12, 2010	Tiffany Atto	November 28, 2017
Carter David Dickhoff	November 12, 2008	Leigh Anne Donovan	November 29, 2001
Murray Charland	November 13, 2003	Sarah Lynn Hearn	November 29, 2012
Nicole Oultram	November 13, 2012	Tanya Lynn Lebrun	November 29, 2010
Hannah Larocque	November 14, 2007	Vanessa Pritchard	November 29, 2014
Joshua Larocque	November 14, 2007	Justin Blight	November 29, 2020
Ricky Otter	November 14, 2003	Roberta Eileen Campbell	November 30, 1952
Michael MacIntosh	November 15, 2007	Sylvia Ann Crowley	November 30, 1989
Jeffrey Moore	November 15, 2010	Vincent Haden	November 30, 2022
Cody Gould	November 15, 1988		

We talk about them, not because  
we're stuck or because we haven't  
moved on, but we talk about them  
because we are theirs, and they  
are ours, and no passage of time  
will ever change that.

SCRIBBLES & CRUMBS

# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## DECEMBER

Trevor David Hunter	December 1, 2009	Gavin Daley	December 17, 2015
Scotty Pennachio	December 1, 1980	Violet Davidson	December 17, 2016
Payton Joan Beaulieu	December 1, 2005	Steven Luscombe	December 17, 2022
Justin Gomes	December 1, 2021	Sarah Dorrian	December 18, 1999
Grace Anne-Marie Beaulieu	December 2, 2005	Alleya Wilson	December 18, 2009
Rachel Nicole Davidson	December 2, 1998	Daniel Frost	December 19, 2015
Madeleine Petrielli	December 2, 2016	Rebecca Anne Leslie Sears	December 19, 1995
Lauren Buckley	December 2, 2018	Brad R. Thomas	December 19, 1996
Andrew Joseph Weaver	December 3, 1999	Jason Maxwell Normoyle	December 19, 2002
Connor Campbell	December 3, 2010	Dawn Lent	December 19, 2007
Nolan Michael McNeil	December 4, 2011	Caitlin Meneely	December 19, 2017
Marc-Anthony Bell	December 4, 2023	Chantell Lutchman	December 19, 2022
Dan Phelan	December 5, 1975	Jay Hepditch	December 19, 2022
Grace Frysztacki	December 5, 2014	Amanda Maja Vidulich	December 20, 2007
Nick Raines	December 5, 2021	Tanya Fellows-Karstulovich	December 20, 2012
Thomas Timothy Morrison	December 6, 2013	Chantal Dupuis	December 20, 2016
Krishang Fernandes	December 6, 2023	Christopher Webber	December 20, 2018
Debbie Meyers	December 7, 2012	Tristan Dixon	December 21, 2014
Derek Penny	December 7, 2001	Drake Farrell	December 21, 2009
Emma Skinner	December 7, 2007	Wyatt Carr	December 21, 2021
Johnny Bloye	December 7, 2014	Christopher Hughes	December 21, 2022
Colin Mitchell	December 7, 2021	Kaiden Burroughs	December 22, 2015
Nicholas Beatty	December 9, 2001	Emily L. Mackie	December 22, 1992
Kyrsten Sujanszky	December 9, 2021	Trevor Kereluk	December 22, 2016
Connor Fox	December 10, 2010	Keila Kizigenza	December 22, 2013
Scott Mackenzie	December 10, 2017	Sheldeen Schoberg-Wilson	December 22, 2020
Chris Persaud	December 10, 2023	Iain Stirling	December 23, 2004
Michael Johnson	December 11, 2021	Christian Gray	December 23, 2022
Mark Heggum	December 12, 1987	Thomas Donovan	December 24, 2003
Frank Fililo	December 12, 2012	Brenda Jo-Ann Perks	December 24, 1990
Jonathan Gayle	December 12, 2018	Brittany Mabee-Wilson	December 24, 2007
Derek Masterson	December 12, 2021	Danny Kent	December 24, 2012
Mason Stamp	December 13, 2014	Christopher Thiele	December 26, 2018
Jeffrey Johnston	December 13, 2017	Brent James	December 27, 2018
Michelle Lynn Andrey	December 15, 1990	Colleen Garry	December 28, 2008
Simon Mitchell	December 15, 1992	Christy Zwaigenbaum	December 28, 1978
Johnny Pegg	December 15, 2009	Kimberly Margaret Elizabeth Hryniw	December 29, 1997
David Michael Hannah	December 15, 2000	Esa Jadoon	December 29, 2016
Victoria Newsham-Goulding	December 15, 2000	Candi Brake	December 29, 2016
Luc Breau	December 16, 2010	Susan Josephine Nyland-Davey	December 30, 1995
Ian Morton	December 16, 2014	Amelia Linda Elms	December 30, 2009
Noah Daly	December 16, 2022	Benjamin Stone	December 31, 2022
		Alexander Hamilton	December 31, 2023



# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## JANUARY

Shelley Nadine Taylor	January 1, 1994	Adam Akey	January 16, 2022
Ricky Van Den Oetelaar	January 1, 2006	Sara Ann Madore	January 17, 2003
Lisa Lebitka	January 1, 2012	Austin Blake Madore	January 17, 2003
Jacoub Favila	January 1, 2013	Richard Schroeder	January 17, 2024
Jamie Woods	January 1, 2014	Storm Gary Patrick Coad	January 18, 1997
Luke Parkinson	January 1, 2023	Nathan Michael Pennington	January 18, 2010
Madison Sevana Boyd	January 2, 2012	Christopher Amos	January 18, 2012
Christopher Thompson	January 2, 1988	Layla Giberson	January 18, 2013
Vanessa Larocque	January 2, 2009	Thomas King	January 18, 2016
Kyle Joseph Miller	January 2, 2009	Stephanie Joanna Coleman	January 19, 1996
Madison Sevana Boyd	January 2, 2012	Morgan Fitzgerald	January 19, 2007
Kayla Vandewalker	January 3, 2018	Quinton Aquilina	January 20, 2019
Victoria Thompson	January 4, 2005	Alexsandra Kellie-Ann Hewitt	January 21, 1995
Jose Eduardo Navas	January 4, 2011	Alexander Cade	January 22, 2004
Tianna Vieira	January 5, 2010	Bill Robbins	January 22, 2016
Chantel Gauthier	January 6, 1994	Antonio Thomas Cacciatore	January 23, 2010
Ashley Pittens	January 6, 2001	Vanessa Robyn Rivard	January 24, 2007
Michael Upshaw	January 6, 2002	Daisy Woodworth	January 24, 2018
Rayman Imran	January 7, 2008	Kelly Spencer	January 25, 2012
Derek Spicher	January 7, 2013	Blake Hoo	January 25, 2016
Jessica-Renee Solickram	January 7, 2018	Thomas Burns	January 25, 2021
Alastair Lahtinen	January 8, 2010	Graham Charles Clarke	January 26, 2007
Jackson Bonchek	January 8, 2018	Jeffrey Warne	January 26, 2008
Craig Hodgson	January 8, 2023	Justin Serensits	January 26, 2019
David Norrish	January 9, 2015	Jodie Dicks	January 26, 2020
Dominik Prusinski	January 9, 2017	David Matthew Gilbert	January 27, 2008
Stephen John Duthie	January 10, 2010	Eran Town	January 28, 2005
Duane MacIntyre	January 11, 1992	Branden Christopher Viarruel	January 29, 2009
Ron Davis	January 11, 2007	Wayne Hastings	January 29, 2009
Brandon Tyler Baron	January 12, 1992	David Stacey	January 29, 2015
Neil Warren Hembling	January 12, 2000	Angela Worona	January 31, 1995
Eerik Percival	January 13, 2002	Jorja Gorham	January 31, 2018
Owen Alexander Leitch	January 13, 2017		
Khristian Robinson	January 14, 2008		
Ricky Black	January 14, 1991		
Daniel Torreblanca	January 15, 2013		
Jonathan Domenic Volpe	January 15, 1995		
Breanna Cousins	January 15, 2002		

